



**Did you know there are over 30 different types of seizures?  
Would your teachers/staff recognize a seizure  
and know how to respond?**

1500 Adams Avenue, Suite 301  
Costa Mesa, California 92626

714.916.0456 Telephone  
657.215.8402 Facsimile  
[www.EpilepsySupportNet.org](http://www.EpilepsySupportNet.org)  
[info@EpilepsySupportNet.org](mailto:info@EpilepsySupportNet.org)

Dear School Stakeholder,

Epilepsy Support Network of Orange County, a 501(c)3 non-profit, would like to train your teachers and staff on how to safely respond to a student having a seizure. We teach seizure recognition, first-aid and avoidance of seizure triggers. Our 60-minute presentation is offered **at no cost, at your location and convenience.**

**Seizure Recognition & First Aid** is a one hour presentation designed for teachers and school staff on how to recognize the most common seizure types, administer basic first aid and to identify when a seizure is, or becomes, a medical emergency.

Upon the completion of our training, your staff will be able to:

- Demonstrate a basic understanding of epilepsy and seizures
- Identify the most common pediatric seizure types
- Keep students safe during seizures and know when medical intervention is needed
- Respond confidently to student seizures at school

We also can provide training on Diastat administration by an unlicensed person for your district in order to comply with AB 161. This is not included in the Seizure Recognition and First Aid presentation unless specifically requested.

Our representative will also provide epilepsy specific information, resources, and strategies to school nurses on how to promote improvements in the condition of epilepsy for their students with the goal of reducing seizures at school.

For districts that provide Parent Education, we offer ***Building a Healthy Brain***, a presentation for parents of children ages 0-5. This presentation stresses the importance of nutrition and injury prevention as children ages 0-2 have the highest incidence of epilepsy.

If your teachers, aides or staff members are not confident in their abilities to recognize or respond to student seizures, please let us help by calling (714) 916-0456 or emailing [srfa@epilepsysupportnet.org](mailto:srfa@epilepsysupportnet.org) to schedule a presentation.

Looking forward to working with you in keeping students with epilepsy safe while at school.

Sincerely,

A handwritten signature in black ink that reads "Janna R. Moore". The signature is written in a cursive style.

Janna Moore, MPA  
Executive Director

# S | R F | A



## Seizure Recognition & First Aid

A one-hour presentation which will train your staff in the areas of:

- + Seizure Recognition and Identification  
Medical Mannequin used to demonstrate first aid for the most common seizure types.
- + Known Seizure Triggers
- + Emergency First Aid Intervention

### Who should attend

- School staff: teachers, aides, nurses, administration
- After school program staff
- Childcare facility employees
- Youth sport coaches
- Adult program staff
- Employers serving the public



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Tax ID #27-0681680, the Epilepsy Support Network is a 501(c)(3) Federal Income Tax Exempt Organization

To schedule a no-cost presentation, contact: Meghan Metzger  
Janna Moore, MPA  
(714) 916-0456  
[mmetzger@epilepsysupportnet.org](mailto:mmetzger@epilepsysupportnet.org)



### Building a Healthy Brain

A community presentation for parents and caregivers of children 0-2 years.  
*See other side*



# Building A Healthy Brain

1 in 50 children will be diagnosed with Epilepsy

Children ages 0-2 years experience the highest incidence of epilepsy.

## One-Hour Community Presentation

Nurturing healthy brain development during the first three years of life is a wise investment. Schedule a presentation and learn how to promote brain health and protect the developing brain allowing your child to enjoy a lifetime of learning.

- + Nutrition
- + Brain Injury Prevention
- + Seizures and First Aid
- + Questions and Answers

Who should attend: Parent Groups, MOPS, Mom's clubs and any Parent Organizations



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Janna Moore, MPA  
(714) 916-0456  
mmetzger@epilepsysupportnet.org



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### Seizure Recognition & First Aid

A community presentation for the public.  
See other side

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